



KISSUN CLINICS

THE PEOPLE BEHIND THE MAGIC

Helping people heal is the greatest reward of all.

Looking back almost a decade ago, Rowena Kissun never dreamed her little one-room health would turn into a multi-modality clinic and become one of the busiest in Queensland.

Local GP's and practitioners from Mackay and Townsville are increasingly referring their patients to Rowena at Kissun Clinics for a holistic approach to health. With services such as counselling, acupuncture, osteopathy, fertility treatments, nutrition, live blood testing, pregnancy care and herbal medicine; patients are discovering that natural therapies and science-based natural medicines are providing excellent results and can no longer be ignored.

Rowena commented, "We are not against pharmaceuticals or the medical system, in fact we embrace it. We need them just as much as they need us to find solutions to patient's health problems. It's never just about popping a pill. This may be fine in the short-term, but finding the root cause of the problem, whether it be physical or emotional, is what we do."

Collectively, Rowena's team of 9 consult with more than 120 clients per week, just in the Whitsundays alone, which is a testament to the shift that is occurring in medicine.

Some interesting facts about some of the Kissun Clinics team:

Mandy Coles - Counsellor

Mandy studied Psychology and Counselling at Melbourne Universities before working in the disability sector and advancing to business

development management. She later worked overseas in England and then in Jordan, where she met her husband Iyas. She worked supporting children in an SOS orphanage and helped to establish a child abuse prevention program, one of the first of its kind in the Middle East; then some years later supported young refugees by facilitating focused programs.

After moving to the Whitsundays, Mandy began specialising in trauma and has worked as a counsellor and senior practitioner locally for the past decade. She is a registered Level 4 member of the Australian Counselling Association and has been admitted to the college as a professional supervisor. Mandy also provides Employee Assistance Program (EAP) counselling and is an NDIS provider.

After a sabbatical in 2017 to work and travel around the world with her family, she has since begun APT Counselling, practising privately at Kissun Clinics.

Brett Piccinelli - Birth Doula and Placenta Encapsulator

As a Mother and one of four sisters born at Proserpine Hospital, Brett's connection to the local area makes her passionate about bringing specialised Doula and placenta services to the Whitsundays.

"I love to honour the history of women-supporting-women by incorporating traditional midwifery tools and 'women' practices from around the world. These include alternative 'baby showers' inspired by Native American

Blessingways, the use of Rebozo; a traditional Mexican midwife's shawl used to 'sift' the pelvis, help relax the mother and move the baby into an optimal position; Bengkung belly binding from Malaysia to assist with postpartum healing and placenta preparation inspired by traditional Chinese medicine to balance the Qi."

Brett's background in nursing and midwifery studies has given her the knowledge, tools and confidence to provide modern ing options to women of the Whitsundays.

Dr. Francesca D'Cruz - Registered Acupuncturist

"Growing up I was always massaging the backs, necks and shoulders of family and friends. I wanted to help people, and I always knew that my calling was in health care."

Francesca D'Cruz wanted to be an Acupuncturist after her dad had major back surgery.

"I witnessed how acupuncture helped him with pain and stress relief, better sleep, increased movement and flexibility. Back conditions and chronic back pain are my main areas of interest. Acupuncture can alleviate many other symptoms; including stress, anxiety and depression, digestive issues, nerve pain, headaches, and insomnia."

With empathy and compassion, Francesca attends to every detail, allowing her patients to feel completely safe and comfortable at all times during a treatment.

For more information about any of the practitioners at Kissun Clinics or to make a booking, visit kissunclinics.com or call (07) 4946 7910.



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W H I T S U N D A Y S



Go to: www.kissunclinics.com to learn more about our services or call 07 4946 7910 for appointments in Mackay, Cannonvale or Sydney